Kristine Sinner, MS, RDN, CEDRD Earns Advanced Certification from The International Association of Eating Disorders Professionals Foundation

(Scottsdale, AZ – May 1, 2019) – Kristine Sinner, MS, RDN recently earned the Certified Eating Disorder Registered Dietitian designation from the International Association of Eating Disorders Professionals (iaedp) Foundation, after completing a rigorous set of criteria for the evaluation of education, training, knowledge and experience.

Kristine joins an elite group of professionals committed to excellence in the treatment of eating disorders with this certification. “Certification as an iaedp eating disorder specialist is evidence that both Kristine Sinner and iaedp are diligent in seeking advancement in training, education, research and competency to address the complexities involved in the treatment of eating disorders,” says Tammy Beasley, RDN, CEDRD, CSSD, Director of iaedp Certification Committee.

Kristine currently serves as the 2019 Education Chair on the iaedp Phoenix Chapter's BOD, is in private practice based in Scottsdale, and is the author of "Meal Planning Strategies, Tips, & Techniques". This certification allows Kristine to offer clients and their loved ones the assurance and confidence that the highest standards of care will be provided throughout all stages of treatment. To learn more about Kristine please visit: KristineSinnerRDN.com.

Established in 1985, iaedp (http://www.iaedp.com) provides educational programs and training standards for eating disorder specialists and other medical professionals caring for those suffering from the full spectrum of disordered eating. The group offers the most widely respected certification process for specializing in eating disorder treatment.